

**Clover Kids Child Care Lunch Menu**

**September 2020**

**Childcare Nutrition Service**

	<b>Tuesday, September 1</b>	<b>Wednesday, Sept 2</b>	<b>Thursday, September 3</b>	<b>Friday, September 4</b>
	Honey Glazed Chicken	Country Steak/Country Gravy	Roast Turkey/Gravy	Pizza Casserole
	Brown Rice	California Blend	Mashed Potatoes	Green Beans
	Oriental Vegetable	Banana	Applesauce	ww Breadstick
	Diced Pears	ww Bread/Margarine	ww Dinner Roll/margarine	Diced Peaches
	Low Fat Milk	Low Fat Milk	Low Fat Milk	Low Fat Milk
<b>Monday, September 7</b>	<b>Tuesday, September 8</b>	<b>Wednesday, Sept 9</b>	<b>Thursday, September 10</b>	<b>Friday, September 11</b>
<b>Closed</b>	Hamburger on ww Bun	Chicken Nuggets	BBQ Chicken on ww Bun	Beef Stew
	Baked Beans	Carrots	Green Beans	Peas
	Pineapple tibits	Banana	Mandarin Oranges	Corn Bread Muffin
	Low Fat Milk	Bread/margarine	Low Fat Milk	Applesauce
		Low Fat Milk		Low Fat Milk
<b>Monday, September 14</b>	<b>Tuesday, September 15</b>	<b>Wednesday, Sept 16</b>	<b>Thursday, September 17</b>	<b>Nat'l Cheeseburger Day</b>
Salisbury Steak	Pork Loin	Bosco Sticks w/ Marinara	Chicken Nuggets	<b>Cheeseburger on ww bun</b>
Mashed Potatoes/Gravy	Green Peas	Carrots	Green beans	Ketchup/ Mustard
Diced Peaches	Pineapple	Banana	Diced Pears	Baked Beans
ww Bread w/ Margarine	ww Dinner Roll	Low Fat Milk	ww Dinner Roll/Margarine	Applesauce
Low Fat Milk	Low Fat Milk		Low Fat Milk	Low Fat Milk
<b>Monday, September 21</b>	<b>Tuesday, September 22</b>	<b>Wednesday, Sept 23</b>	<b>Thrusday, September 24</b>	<b>Friday, September 25</b>
Chicken and Noodles	Turkey and Cheese on Bun	Omelet w/ Cheese	Rigatoni with Beef	Meatloaf
Candied Carrots	California Blend	Tri Tarter w/ ketchup	Green Beans	Baked Potato w/S.cream
Diced Pears	Oranges slices	Cinnmon Apples	Pineapple	ww Bread w/ Margarine
ww Dinner Roll w/ Margarine	Low Fat Milk	Coffeecake	Garlic Breadstick	Mandarin Oranges
		Low Fat Milk	Low Fat Milk	
Low Fat Milk				Low Fat Milk
<b>Monday, September 28</b>	<b>Tuesday, September 29</b>	<b>Wednesday, Sept 30</b>	<p align="center"><b>September is National Chicken Month</b></p> 	
Vegetable Beef Soup	Swedish Meatballs	Fish Stick		
1/2 Meat Sandwich	Mashed Potato	Scalloped Potatoes		
Pineapple	Diced Peaches	Green Beans		
Low Fat Milk	Dinner Roll w/ butter	Banana		
	Low Fat Milk	Low Fat Milk		

This Menu meets CACFP Guidelines each meals includes whole grains and a serving of low fat milk.

Approve by Donna Dunlap RD,LD

**MENU SUBJECT TO CHANGE.**