

Child and Teen Checkups

**Sibley County Public Health
and Human Services**
507-237-4000

C&TC screenings are a benefit to children under the age of 21 who are enrolled in a Medical Assistance program. These checkups are important to your child's health. They can help find and treat health problems before any lasting harm is done. These checkups will help your child grow to his or her full healthy potential.

Child and Teen Checkups include:

- ✓ A physical exam
- ✓ Health history
- ✓ Physical growth & measurements
- ✓ Hearing and vision checks
- ✓ Guidance & health education for good physical and mental health
- ✓ Immunizations & laboratory test when needed
- ✓ Blood lead test at ages 12 & 24 months
- ✓ Development and behavior checks
- ✓ A referral to the dentist
- ✓ A referral to a specialist when needed

If you need help in finding a doctor or have questions, call your county's Child and Teen Checkup staff

Or, call your health plan – the telephone number is on the back of your health plan ID card.

Your child should receive these important checkups at the following ages:

0-1 months	18 months	10 years
2 months	24 months	12 years
4 months	3 years	14 years
6 months	4 years	16 years
9 months	5 years	18 years
12 months	6 years	20 years
15 months	8 years	

Set the date for your child's checkup today!

